

Ruta

Your guide to Indian food, travel and fun.



Chef, author and culinary travel guide, Ruta serves up India with a pinch of fun. Adventurous and vivacious, with a dose of fashion and style, her presentation is entertaining, yet packed with real information. Ruta brings *a fresh perspective* to a cuisine most people think of as mysterious, complex to cook, and overly rich. Her Indian food is stylish, modern and light—equally at home with a glass of Pinot Grigio or mango lassi.

A brief look at what Ruta has been up to:

- She wrote the #1 selling Indian cookbook on Amazon: *5 Spices 50 Dishes*, published by Chronicle Books.
- Her Culinary Tours to India are wildly popular. From Indophiles to professional chefs to national industry groups like Women Chefs and Restaurateurs, a lot of people have explored India with Ruta.
- She is a food consultant to companies like Pepsico, Guckenheimer and Lea & Perrins.
- She has owned a successful cooking school in California and is now building a destination kitchen in Goa, India.
- Ruta has been widely covered in the media, from the San Francisco Chronicle to the Asia Wall St Journal.
- She has made numerous TV guest chef appearances including KNTV Channel 11, CBS 5's Eye on the Bay, and the Fine Living Channel.

For more information, please contact:

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